

BiblioBites

DeSoto County Library

November 2023

Volume 12, Issue 11



Director's note

Dear Folks,

I am grateful for the best patrons any place around.

I am thankful to have the chance to serve DeSoto County.

I am blessed by the opportunity to work with great people.

We have lots of events and programs happening during November.

Come see us,

Linda



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Linda recommends

40 Chances: Finding Hope in a Hungry World by Howard G. Buffett

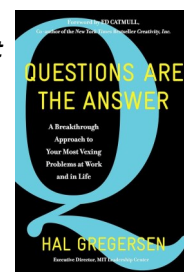
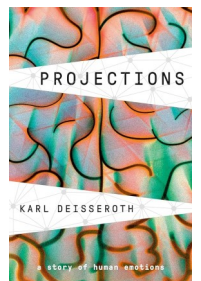
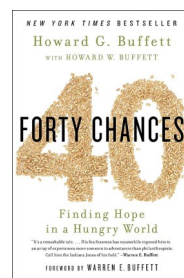
40 chances to accomplish something great. What would you choose to do?

Projections: A Story of Human Emotions by Karl Deisseroth

Help in understanding how the brain works. How will that transform our understanding of self?

Questions Are the Answer: A Breakthrough Approach to Your Most Vexing Problems at Work and in Life

Creative problem-solving requires the right questions. What will you ask?



Publishers Weekly
Bestseller Lists
November 27, 2023

FICTION

1. *The Exchange: After the Firm* by John Grisham
2. *Forth Wing* by Rebecca Yarros
3. *Tom Lake* by Ann Patchett
4. *Holly* by Stephen King
5. *Judgement Party* by John Sandford
6. *The Armor of Light* by Ken Follett
7. *Second ACT* by Danielle Steel
8. *Demon Copperhead* by Barbara Kingsolver
9. *Blood Lines* by Nelson DeMille & Alex DeMille
10. *The Covenant of Water* by Abraham Verghese

NON-FICTION

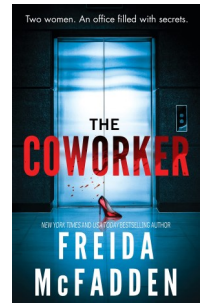
1. *Prequel: An American Fight Against Fascism* by Rachel Maddow
2. *Enough* by Cassidy Hutchinson
3. *Worthy* by Jada Pinkett Smith
4. *Forever Strong: A New, Science-Based Strategy for Aging Well* by Gabrielle Lyon
5. *Joshua Weissman: Texture Over Taste* by Joshua Weissman
6. *Behind the Seams: My Life in Rhinestones* by Dolly Parton
7. *Be Useful: Seven Tools for Life* by Arnold Schwarzenegger
8. *Killing the Witches: The Horror of Salem Massachusetts* by Bill O'Reilly & Martin Dugard
9. *The Great Disappearance: 31 Ways to Be Rapture Ready* by David Jeremiah
10. *The Democrat Party Hates America* by Heather Cox Richardson

Liz likes—Liz Coronado

Two women. An office filled with secrets. One terrible crime that can't be taken back.

Dawn Schiff is strange. At least, everyone thinks so at Vixed, the nutritional supplement company where Dawn works as an accountant. She never says the right thing. She has no friends. And she is always at her desk at precisely 8:45 a.m. So when Dawn doesn't show up to the office one morning, her coworker Natalie, beautiful, popular, top sales rep five years running, is surprised. Then she receives an unsettling, anonymous phone call that changes everything. It turns out Dawn wasn't just an awkward outsider—she was being targeted by someone close. And now Natalie is irrevocably tied to Dawn as she finds herself caught in a twisted game of cat and mouse that leaves her wondering: who's the real victim? But one thing is incredibly clear: somebody hated Dawn Schiff. Enough to kill.

I made the mistake of starting to read *The Coworker* at 9 pm at night. I could not stop reading and stayed up all night to finish it. All I can say is WOW! Just when I was patting myself on the back for figuring out the ending, I was dead wrong! An amazing quick read that will make your day- or night! This was another great novel with fantastic odd twists and turns! I am never disappointed by a **Freida McFadden** book. I do recommend reading this book. If you have not read any of Frieda's books, I would read them since you are missing out! Enjoy y'all!



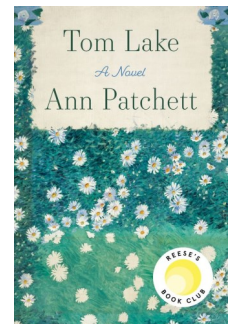
Bookmarked—Jolaine Konstantinidis

Ann Patchett's novel *Tom Lake* centers around the Nelson family “stuck” together on their cherry farm in Michigan at the start of the COVID pandemic. The three adult daughters help their parents with the cherry picking and use this opportunity to learn more about their mother's past, specifically her time as an actress at a summer theater with a company called Tom Lake.

The story progresses in vignettes recounted by their mother (Lara) beginning with her performance of the part of Emily in her high school play *Our Town*. This role leads to a promising career as an actress that is cut short just as Lara is playing the part of Emily again, this time in Michigan at Tom Lake. At this point in the narration, the importance of the Thornton Wilder play *Our Town* becomes apparent to the reader, especially since everything about the ordinary, rural life of the Nelson family focuses on the monotonous daily routines that reflect those same simple pleasures depicted in *Our Town*. Lara would be happy to end her personal retelling at this point and enjoy this present moment in time with her daughters all together, but they urge her on. When Lara reluctantly reveals a past romance with a famous actor and some other acting experiences she passed up, the girls wonder why she chose the path she took, but Lara's happiness is unquestionable. Throughout the narration of her past, Lara's love for her husband and family, the farm, her life is evident. It is perhaps this deep feeling at the core of Lara's story that she hopes her daughters will come to understand and share as they make their own life choices.

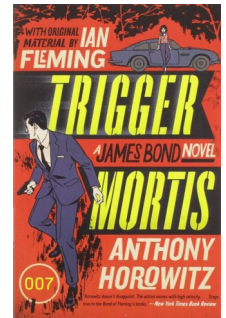
Much like the play *Our Town*, the themes running through *Tom Lake* include appreciating life and the companionship it offers as well as the circle of life. Also, those readers who are looking for important themes that are relevant today will not be disappointed. Although Patchett keeps them in the background of her novel, the issues of racism, climate change and reproductive rights are up for discussion.

This year, President Biden presented Ann Patchett with the National Humanities Medal for her ability to put “into words the beauty, pain, and complexity of human nature.”



Robert recommends—Robert Andres

Trigger Mortis is a James Bond by **Anthony Horowitz** with material from the original author of the Bond book, **Ian Fleming**. The old cold war spy has been through a lot, including several recent outings in which he was alleged to have feelings. Regardless of how much (or little) they vary, the Bond formula is just that. This book does have a chapter written by Ian Fleming in the middle of the new material which may be of interest to fans of the early Bond.

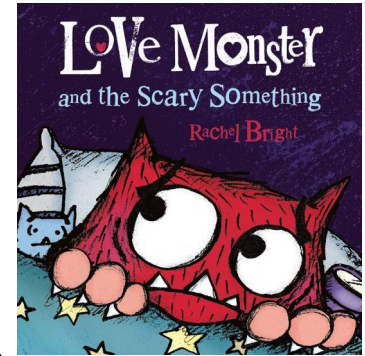


Choice for children—Tonya Bordner

You know what they say.... A book a day keeps the monsters away. Actually I don't know if that's what they say but it was a catchy saying we recently came up with for a Trunk or Treat we attended with the mobile library, what we call around here: Library on the Go.

In search of monsters, I found the **Love Monster** book series by **Rachel Bright**. With several to choose from, I started with **Love Monster and the Scary Something**. It tells the story of **Love Monster** who tries to fall asleep but the harder he tries, the more awake he is. Then, he hears terribly frightening sounds, but when he faces his fears, he finds out they are coming from the "tiniest, fluffiest bunny." The book ends by encouraging the reader to **face their fears** because oftentimes they will find out there's nothing to be afraid of after all.

This book has simple, colorful illustrations and uses **onomatopoeia** that make it a fun read aloud. The **moral** at the end of the story provides an opportunity for children to discuss their fears and how to overcome them. All of the **Monster Love** books have these elements and are checked out quite a bit at our library.



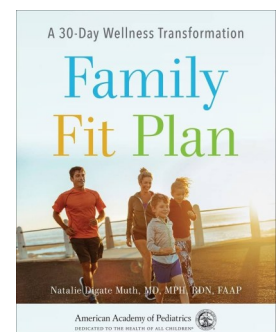
Fran Recommends — Fran Kovach

Family Fit Plan authored by **Natalie Digate Muth MD, MPH, RDN, FAAP**, introduces a 30-day wellness transformation plan. The plan commences with a family "buy in" by completing a SWOT analysis: Strengths, Weaknesses, Opportunities and Threats. This analysis develops the concept of how to become the 'best possible family.' Relationships with the pediatrician, extended family, and community are encouraged for a positive outcome.

The Family Fitness Assessments chart the dietary and physical progress. 3Ss: sleep, screen time, and stress are charted as well. Goals allow for a daily schedule of movement and dietary choices. Some families strive to accomplish a 5K and others choose to walk more everyday. Family gatherings at mealtime and during exercises, such as walking, are excellent for conversations. Now, what do we talk about?

Mastering mindfulness accomplishes awareness training by performing breathing exercises, monitoring nutrition, and physical activity. The 6Ss: snacks, sweets, sugary drinks, screen time, sleep disruptions and slick sales are formidable opponents to defeat by countering each s. At the end of thirty days, a capital S for Success will be experienced by each family. A post-plan culminates another positive capital S, STICK. Stick with the plan for more time and SUCCESS will be Savored.

P.S. The lengthy appendix contains recipes, reinforcements, workouts and resources.



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DeSoto County Public
Library is partially
funded through a grant
from Florida Department
of State.

LIBRARY HOURS
Tuesday & Thursday:
9:00—6:00
Wednesday & Friday
8:30—6:00
Saturday:
9:00-2:30
Closed Sunday and Monday



Editor’s Choice—Reagan Bordner

After 12 years of bucolic bliss, Mr. Fox breaks a promise to his wife and raids the farms of their human neighbors, Boggis, Bunce and Bean. Giving in to his animal instincts endangers not only his marriage but also the lives of his family and their animal friends. When the farmers force Mr. Fox and company deep underground, he has to resort to his natural craftiness to rise above the opposition.

Fantastic Mr. Fox is a fantastic movie, one that I have to watch every fall and one that is fun for anyone. I recently decided that if I love the movie so much I should read the book, because the book is usually better than the movie right? I wouldn’t say that it was better or worse, since the movie holds such a special place in my heart, but I would give the book a read regardless of if you have seen the movie or not. I think that it is a silly book with a lot of personality in it, especially seen through each unique character.

I love **Wes Anderson’s** style of directing and I love **Ronald Dahl’s** way of writing, so it is always such a joy to pick up this story every year during fall.



Family Fall Jars

Customize a jar to create your
own fall themed light.

**November 9th
11am**



Do you enjoy reading our reviews?
Create your own by scanning the QR code or
following the link
<https://forms.gle/tBFgHZAttrBbFp7UBA>



DCLA Update—by Elizabeth, VP

Hi, Everybody.

Don’t forget our DeSoto County Library Association Board meeting is coming

up—**Wednesday, November 8th at noon** at the Library. All are most welcomed!

Our Board secretary Kari Jackson was off to Israel last month—we want to hear all about it at the meeting. Her visit prompted me to read a book by an Israeli author, so I looked up **Amos Oz’s** memoir **A Tale of Love and Darkness**. The book was not available, but the DVD was. The film is quite poignant and actress Natalie Portman is spellbinding. Wow!

DESOTO COUNTY LIBRARY

November 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>DeSoto County Library</i> 125 N Hillsborough 863.993.4851</p> <p>Partially funded through FL Dept of State grants</p>			<p>1 10:00 Grace's group 10:30 Toddler Learning through Play 11:00 Book Group 3:30 Kids' Art</p>	<p>2 9:00 @ ARC 2:00 Internet Basics 3:00 Cybersecurity 3:30 Kids Storytime</p>	<p>3</p>	<p>4 11:00 Game day</p>
<p>5</p>	<p>6</p>	<p>17 8:00 Walk & Talk 9:00 ARC 3:30 Storytime for Kids</p>	<p>8 10:00 Grace's group 10:30 Toddler Early Literacy Skills 12:00 Friends of the Library 11:00 Book Group 3:30 Kids' Art</p>	<p>9 9:00 @ ARC 11:00 Adult 2:00 Android 3:00 Email basics 3:30 STEAM for kids</p> 	<p>10 3:30 Photography Group 4:00 Teen Painting</p>  	<p>11 Library Closed</p> 
<p>12</p>	<p>13</p>	<p>14 8:00 Walk & Talk 9:00 ARC 3:30 STEAM for kids</p> 	<p>15 10:00 Grace's group 10:30 Toddler LtP 11:00 Book Group 3:30 Kids' Art</p>	<p>16 9:00 @ ARC 2:00 Zoom Basics 3:00 Windows 10 3:30 Storytime for Kids</p>	<p>17 1:00 Movie for adults</p> 	<p>18 11:00 Kid's Movie Day</p> 
<p>19</p>	<p>20</p>	<p>21 8:00 Walk & Talk 9:00 ARC 3:30 Storytime for Kids</p>	<p>22 10:00 Grace's group 10:30 Toddler ELS 11:00 Book Group 3:30 Kids' Art</p>	<p>23 LIBRARY CLOSED</p> 	<p>24 LIBRARY CLOSED</p>	<p>25 11:00 Lego Building</p>
<p>26</p>	<p>27</p>	<p>28 8:00 Walk & Talk 9:00 ARC 3:30 STEAM</p>	<p>29 10:00 Grace's group 10:30 Toddler LTP 11:00 Book Group 3:30 Kids' Art</p>	<p>30 9:00 @ ARC 3:30 storytime for kids</p>	<p>Open to our patrons: Tuesday & Thursday: 9:00—6:00 Wednesday & Friday 8:30—6:00 Saturday: 9:00-2:30</p>	





DeSoto County Library
Children's Activities

NOVEMBER 2023

125 N. Hillsborough Ave.
Arcadia, FL 34266

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Learning through Play Toddler Time 10:30 a.m. Art 3:30p.m.	2 Storytime & Craft 3:30 p.m.	3	4 GAME DAY 11 A.M
5	6	7 Storytime & Craft 3:30 p.m.	8 Early Literacy Skills Toddler Time 10:30 a.m. Art 3:30p.m.	9 STEAM 3:30 p.m.	10 TEEN Canvas painting, 4p.m. Ages 13 - 19	11 Library Closed VETERANS DAY HONORING ALL WHO SERVED
12	13	14 STEAM 3:30 p.m.	15 Learning through Play Toddler Time 10:30 a.m. Art 3:30p.m.	16 Storytime & Craft 3:30 p.m.	17	18 11 A.M MOVIE feel free to dress up
19	20	21 Storytime & Craft 3:30 p.m.	22 Early Literacy Skills Toddler Time 10:30 a.m. Art 3:30p.m.	23 Happy Thanksgiving Library Closed	24 Library Closed	25 Lego Challenge 11 A.M
26	27	28 STEAM 3:30 p.m.	29 Learning through Play Toddler Time 10:30 a.m. Art 3:30p.m.	30 Storytime & Craft 3:30 p.m.		

Library hours: T&Th: 9 a.m. - 6 p.m. W&F: 8:30 a.m. - 6 p.m. Sat.: 9 a.m. - 2:30 p.m.

TEEN PROGRAM! (13-19 yrs)

Follow Along Canvas Painting



November 10th
4:00pm - 5:30pm